



2025 USA Diving Winter National Championships Advancement & Event Format

FINALS ADVANCEMENT CRITERIA

Purpose & Authority

The following information outlines the event format and finals advancement criteria for the 2025 USA Diving Winter Nationals. All elements operate under the USA Diving Rulebook, which governs any area not specifically addressed herein.

General Finals Advancement

1M, 3M, 10M, and 3M & 10M Synchro finals will include 12 U.S. citizens or teams from the preliminary round. In some cases, the final may have more than 12 athletes/teams.

If any divers or teams within the top 12 are athletes with dual citizenship who have officially declared their sport nationality for a country other than the United States and have competed for that country, an additional U.S. citizen or team will advance. This also includes U.S. citizens who have declared their sport nationality for Puerto Rico. In accordance with **Rule 202.3** of the USA Diving Rulebook, those athletes do not displace U.S. divers, and the total number of finalists will increase accordingly. Sport-nationality status is verified through the diver's USA Diving membership profile.

If any divers or teams within the top 12 are non-U.S. citizens or, in the case of 10m, junior divers not meeting DD requirements, the following procedures apply:

- No more than two athletes from this group may advance.
- If more than two eligible internationals/junior divers not meeting the DD place in the top 12, only the two highest-placing athletes will advance.
- U.S. citizens finishing 13th or lower will be added until there are 12 U.S. citizens in the final.

International divers/teams are eligible to appear in the finals standings but will not displace a U.S. diver who has met the DD requirements from advancing or medaling.

The advancement criteria above apply to all individual and synchronized events and will be administered in alignment with the USA Diving Rulebook, official USA Diving policies, and guidance from the Committee for Competitive Excellence (CCE).

EVENT FORMAT

Synchronized Diving – Split Preliminary Option

If an athlete is entered with more than one synchronized diving partner in the same event, the preliminary round may be divided into Preliminary A and Preliminary B groups. The purpose of the split is to provide adequate recovery time between lists for the athlete competing with multiple partners.

When possible, each pair involving the same athlete will be assigned to separate preliminary groups. The decision to divide the preliminary round will be made after registration has closed and will be communicated to coaches and athletes prior to the event.

Results from all preliminary groups will be combined into a single ranking to determine the 12 teams advancing to the finals.

The procedure follows the principle outlined in **AQUA Rule 2.1.2**, which allows the preliminary round to be split under certain conditions to ensure fair competition and adequate rest time for athletes.

Contested Events

Women's 1-Meter (Preliminary & Final)

Divers will perform 5 dives in the Preliminary, with a minimum cumulative D.D. of 11.9.

Top 12 athletes will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Women's 3-Meter (Preliminary & Final)

Divers will perform 5 dives in the Preliminary, with a minimum cumulative D.D. of 13.7.

Top 12 athletes will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Women's 10-Meter (Preliminary & Final)

Divers will perform 5 dives in the Preliminary, with a minimum cumulative D.D. of 13.3.

Top 12 athletes will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

**Please Note: Junior divers must perform all dives from 10-meter, but do not need to meet the minimum DD requirements. No more than TWO voluntary dives may be included in the junior diver's list. To be considered for team selection, divers MUST meet the degree of difficulty requirements.*

Men's 1-Meter (Preliminary & Final)

Divers will perform 6 dives in the Preliminary, with a minimum cumulative D.D. of 15.9.

Top 12 athletes will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Men's 3-Meter (Preliminary & Final)

Divers will perform 6 dives in the Preliminary, with a minimum cumulative D.D. of 17.2.

Top 12 athletes will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Men's 10-Meter (Preliminary & Final)

Divers will perform 6 dives in the Preliminary, with a minimum cumulative D.D. of 17.1.

Top 12 athletes will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

**Please Note: Junior divers must perform all dives from 10-meter, but do not need to meet the minimum DD requirements. No more than TWO voluntary dives may be included in the junior diver's list. To be considered for team selection, divers MUST meet the degree of difficulty requirements.*

Women's Synchronized 3-Meter (Preliminary & Final)

Divers will perform 5 dives as a pair, with a minimum cumulative D.D. of 12.3, where the first 2 dives are voluntaries at a fixed Degree of Difficulty (2.0).

Top 12 teams will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Women's Synchronized 10-Meter (Preliminary & Final)

Divers will perform 5 dives as a pair, with a minimum cumulative D.D. of 12.2, where the first 2 dives are voluntaries at a fixed Degree of Difficulty (2.0).

Top 12 teams will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Men's Synchronized 3-Meter (Preliminary & Final)

Divers will perform 6 dives as a pair, with a minimum cumulative D.D. of 15.7, where the first 2 dives are voluntaries at a fixed Degree of Difficulty (2.0).

Top 12 teams will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.

Men's Synchronized 10-Meter (Preliminary & Final)

Divers will perform 6 dives as a pair, with a minimum cumulative D.D. of 15.9, where the first 2 dives are voluntaries at a fixed Degree of Difficulty (2.0).

Top 12 teams will progress to the Final.

The ranking of the finalists shall be determined by the total points scored in the Preliminary and Final.